

Pre-K 4 SA Menu: Feb. 29th - March 4th

(Cycle: Week 1, Day 1 - 5)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	29-Feb	1-Mar	2-Mar	3-Mar	4-Mar
Breakfast		WG Chicken & Biscuits			•
	Cinnamon Toaster Cereal	WG Chicken Nuggets	Turkey Sausage Links	Hardboiled Egg	Scrambled Eggs
	Fresh Whole Fruit	WG Biscuit	WG Waffle	WW English Muffin	WW Pancakes
	Milk	Cinnamon Peaches	Fresh Whole Fruit	Fresh Cut Melon	Wango Mango Juice
		Milk	Milk	Milk	Milk
		(Jelly)	(Syrup)	(Jelly)	(Syrup)
Lunch		Spaghetti & Meat Sauce		Hamburger & Fries	Margherita Cheese Pizza
	Chicken Strips	Ground Chicken	Cheese Enchiladas	Beef Patty	Cheese Pizza
	WW Roll	WW Spaghetti	Enchilada Sauce	WW Hamburger Bun	Shredded Mozzarella
	Garlic Mashed Potatoes	Spaghetti Sauce	Spanish Brown Rice	Oven Fries	Tomato/Basil
	Creamed Spinach	Green Peas	Pinto Beans	Pineapple Tidbit Cup	Italian Blend Veg
	Milk	Diced Carrots	Straw. Applesauce Cup	Milk	Milk
		Fresh Fruit Cup	Milk		
	(Ketchup)	Milk		(Ketchup; Mustard)	
Snack					
	Oatmeal Cookies	Corn Nuts	Chewy Granola Bar	Pretzels	Fruit Yogurt Cup
	Raisins	100% Orange Juice	Milk	Dragon Punch Juice	WG Chocolate Bear
Late Snack					
	WW Crackers	Oatmeal Strawberry Bar	Mozzarella String Cheese	Apple/Cin. Rice Cake	Baby Carrots
	Cheddar Rectangle	Fresh Whole Fruit	WG Apple Cinnamon Bear	Craisins	Multi-Grain Sun Chips

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SACK LUNCH	SACK LUNCH	SACK LUNCH	SACK LUNCH FRIDAY
TUESDAY	WEDNESDAY	THURSDAY	
2-Feb	3-Feb	4-Feb	5-Feb
Turkey/Cheese Sandwich	Turkey/Cheese Sandwich	Turkey/Cheese Sandwich	Turkey/Cheese Sandwich
Sliced Turkey	Sliced Turkey	Sliced Turkey	Sliced Turkey
Sliced Cheese	Sliced Cheese	Sliced Cheese	Sliced Cheese
WW Bread	WW Bread	WW Bread	WW Bread
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Applesauce Cup	Applesauce Cup	Applesauce Cup	Applesauce Cup
Milk	Milk	Milk	Milk
(Mavo: Ranch)	(Mayo: Ranch)	(Mayo: Ranch)	(Mayo: Ranch)